

Student Lunch \$2.85 (\$3.35/Chinese)

Choice of Milk daily \$.50

MARCH 2019 MENU MQA SCHOOL CAFETERIA

Adult Lunch \$3.10

(\$3.60/Chinese)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				3/1 Baked Potato Bar (meat, cheese, and sour cream) Seas. Broccoli – Pears Fresh Veg/Dip – Fresh Fruit
Weekly Alt. Toasted Cheese Sand.				
3/4 Fazio Deli Hoagie Garden Salad – Peaches Fresh Veg/Dip – Fresh Fruit	3/5 Beef Hot Dog/Bun Cheesy Potatoes – Applesauce Fresh Veg/Dip – Fresh Fruit	3/6 <i>Ash Wednesday</i> Grilled Cheese Sandwich Tomato Soup – Pineapple Fresh Veg/Dip – Fresh Fruit **NO ALTERNATE**	3/7 Pasta w/ Meatballs & Sauce Garden Salad – Mand. Oranges Fresh Veg/Dip – Fresh Fruit	3/8 <i>Pizza Hut Day!!</i> Pizza Hut Cheese Pizza Seas. Broccoli – Pears Fresh Veg/Dip – Fresh Fruit Chocolate Chip Cookie
Weekly Alt. Cheeseburger/Bun				Alt. Toasted Cheese Sand.
3/11 Nachos w/ Toppings (meat, cheese, and salsa) Seas. Corn – Peaches Fresh Veg/Dip – Fresh Fruit	3/12 <i>Nat'l "Pancake" Day</i> Pancakes/Maple Syrup & Sausage Links Hash Brown Patty – Fruit Juice Fresh Veg/Dip – Fresh Fruit	3/13 Pasta w/ Meatballs & Sauce Garden Salad – Applesauce Fresh Veg/Dip – Fresh Fruit	3/14 <i>Nat'l "Pi" Day</i> Popcorn Chicken Baked Beans – Pineapple Fresh Veg/Dip – Fresh Fruit Mini Fruit Pie	3/15 <i>Lucky Buck Day!!</i> Personal Cheese Pizza Garden Salad – Mand. Oranges Fresh Veg/Dip – Fresh Fruit
Weekly Alt. Fazio Deli Hoagie				Alt. Toasted Cheese Sand.
3/18 Hamburger/Cheeseburger on Bun Oven Potatoes - Pears Fresh Veg/Dip – Fresh Fruit Pudding	3/19 Hand-Breaded Chicken Tender Mashed Pot/Gravy – Peaches Fresh Veg/Dip – Fresh Fruit	3/20 Pasta w/ Meatballs & Sauce Garden Salad – Applesauce Fresh Veg/Dip – Fresh Fruit	3/21 Gen. Tso's Chicken w/ Rice Seas. Broccoli – Mand. Oranges Fresh Veg/Dip – Fresh Fruit Fortune Cookie	3/22 St. Vlad's Pierogies Seas. Peas – Pineapple Fresh Veg/Dip – Fresh Fruit
Weekly Alt. Personal Cheese Pizza				
3/25 Fr Toast Sticks/Maple Syrup & Sausage Links Hash Brown Patty – Fruit Juice Fresh Veg/Dip – Fresh Fruit Muffin	3/26 Baked Potato Bar (meat, cheese, and sour cream) Seas. Broccoli – Pears Fresh Veg/Dip – Fresh Fruit	3/27 Pasta w/ Meatballs & Sauce Garden Salad – Peaches Fresh Veg/Dip – Fresh Fruit	3/28 Popcorn Chicken Oven Potatoes – Applesauce Fresh Veg/Dip – Fresh Fruit	3/29 Breaded Fish Sticks w/ Buttered Noodles Seas. Gr. Beans - Pineapple Fresh Veg/Dip – Fresh Fruit Jello
Weekly Alt. Toasted Cheese Sand.				

PB&J Sandwich and Garden Salad w/ Roll & Cheese or Yogurt are also daily alternates at the FRS SITE.

PB&J Sandwich and the Garden Salad Bar are also daily alternates at the GREENWALD SITE.

Fresh Vegetables may include: Broccoli, Carrots, Celery, Cucumbers, and/or Peppers

Fresh Fruit may include: Apples, Bananas, Grapes, Melons, and/or Strawberries