

MQA Party Planning Guide
Grade 6 – 8

Thank you for volunteering to be a party parent for your child's class party.

As a party parent your committee will be responsible for planning and preparing a healthy, nutritious yet fun snacks and beverages for the class. With a Wellness Policy now in effect, treat bags **will not** be part of the party experience. All food items will be consumed during the party and should be easy to distribute with little chance for spills and mess and easily eaten with 30 minutes time. Another part of the party is the activity that should take approximately 30 minutes. Activities can consist of games and/or movement. Movement is a physical activity and that also promotes wellness. Guides for allowable foods and options for activities are provided to the chair of each event.

In all things, control of the body, the voice, and the attention and respect to those giving direction, as well as setting boundaries or rules are the defining elements that make a successful party. Parties not in control will be stopped.

Please submit your plans to the homeroom teacher at least two weeks prior to the party. The entire party should run approximately one hour. Do not purchase any items until the plan has been approved by the teacher.

Party: _____ Date of Party: _____

Snacks and Beverages: _____

Parent(s) Responsible: _____

Activities: _____

Parent(s) Responsible: _____

Description of the games/ movement that will be done at the party:

